

## **New State of Mind**

**I was down  
Wasn't where I'm supposed to be  
I have found  
The culprit of my misery  
I'm my own worst enemy**

**Every time that I am near  
There's always something that stops Me**

**This journey's nowhere to go (nowhere to go)  
A new direction is what I need to grow  
A perfect snapshot in time  
A new state of mind**

**Words are cheap  
It's actions that will reap the seeds  
I hold the key  
I can shape my destiny**

**Every time that I am near  
There's always something that stops Me  
I can't be controlled by fear  
Only I can shift my beliefs**

**This journey's nowhere to go (nowhere to go)  
A new direction is what I need to grow  
A perfect snapshot in time  
A new state of mind**

**I've found the strength to be strong, when all is wrong  
Through the thick of the storm I soldier on  
To build a life that's all mine  
A new state of mind**

**Every time that I am near  
There's always something that stops me**

**This journey's nowhere to go (nowhere to go)  
A new direction is what I need to grow  
A perfect snapshot in time  
A new state of mind**

**Words are cheap  
It's actions that will reap the seeds  
I hold the key  
I can shape my destiny**

**A new state of mind**